

REJECTION – A FRIEND, NOT A LOVER
Making rejection work for you
By Susan May

Rejection comes in many forms and we all experience it. The one thing that separates the published writer from the unpublished is how she responds to rejection. The published author makes rejection work for her. It becomes a friend, never embracing it as a lover where she becomes disillusioned enough to quit.

How to Make Rejection Your Friend

1. Decide how bad you want to be published
2. Keep writing
3. Ask for feed back
4. Go to conferences
5. Enter contests
6. Learn something new about writing
7. Use the constructive rejection suggestions
8. Do something positive for yourself
9. Do something short term to feel accomplished
10. Be aware of story ideas around you
11. Read writer's magazines
12. Set new goals-short and long term
13. Back away from the piece then re-evaluate
14. Talk to someone about your feelings

Never, Never Give Up-

Jimmy Valvano, NC State basketball coach

**IF YOU'RE NOT RECEIVING REJECTIONS, YOU'RE NOT
SENDING YOUR WORK OUT**

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