

Susan May
Rejection - A Friend, not a Lover@2007

Workshop Description

Rejection – A Friend, not a Lover: Making rejection work for you

@2007

The goal of this workshop is to show rejection as a positive force in a writer's life if used constructively. Rejection comes in many forms, and all writers experience it. One thing that separates the published writer from the unpublished is how the writer responds to rejection. The published author makes rejection work for her, making it a friend, helping her to further her goals, while never embracing it as a lover causing her to quit writing and sending material out.

Attendees will learn they are in good company if they have been rejected and that not all rejections are equal, that there are useful rejections. Ideas on how to make rejection work for the writer will be discussed including how successful authors have turned rejection to their advantage. A list of ways to overcome rejection will be the focal point of the discussion.

This workshop will be presented in an upbeat manner using visual aids, handouts and personal stories. Visual aids will consist of a poster sized picture of converging roads, books by famous authors who have been rejected, an example of what 30" of rejections looks like that one author received before being published and my personal folder of over 300 rejections. Each attendee will receive the items in the Rejection Survival Kit.

Attendees will learn how to:

- Accept rejection as part of the process
- Recognize a good rejection
- Now to prevent rejection stall in their work